



## **Connects the puzzling pieces of success**

A professional speaker since 1975, Patricia has created over 50 workshops, speeches, and keynote presentations highlighting the skills of Emotional Intelligence. Customizing the content to your organization's needs is her specialty.

Patricia brings energy, enthusiasm and expertise to her speaking engagements and training sessions – so they're fun and highly informative.

A host for both radio and television interview shows for ten years, plus her extensive background in business and education, Patricia makes strong connections with participants from private, public and non-profit sector organizations, as well as associations.

### **Emotional Intelligence**

Emotional Intelligence is at the core of all of her work, helping people develop their self awareness and social awareness skills to build collaborative relationships personally and professionally.

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**Self Awareness**

**Time & Stress Management**

**Ethics**

**Personal Growth**



**Communication**

**Leadership**

**Social Awareness**



**Coaching**



## What People Say

"In all my experiences of your presentations, you have shown that you are extraordinarily knowledgeable and insightful. Your content is substantive and meaningful, highly charged with "take home" value. The delivery was crisp and professional, yet electrifying in its effect on audience." — Rex Coryell, Coordinator, The Executive Committee

"Patricia is remarkable! She can give you the essence and principles in a half-hour presentation or an exciting workshop in several hours. Either way, she'll make sure you get value and something practical to take with you." — J Douglas Stewart, PhD, Performance Learning Systems

"I was pleasantly surprised by your fresh approach to the subject. Your psychological approach added depth and went beyond the "do's and don'ts" of most training sessions." — Dan Counigan, Meeting Planners International, MA

## Topic Categories

These topics can be customized to meet your specific needs, from a one-hour class to a two-day workshop, or a series of training sessions.

### Ethics

Ethics: What You Do When No One is Looking

Understanding Ethical Types

12 Steps for Ethical Decision Making

### Time and Stress Management

Time Mastery: Beyond Time Management

De-stress Your Distress

Balance or Burn-Out: Your Choice

### Personal Growth

Understanding Personality Styles

Adventure of Self-Discovery

Using Assessments for Continuous Learning

### Communications

Don't Eat the Menu: A New Perspective on Communication

Positive Power Plays – Conflict Resolution and Negotiation Skills

Communicating Across Generations

### Leadership & Management

Personal Journey to Leadership

Secrets to Successfully Motivating Others

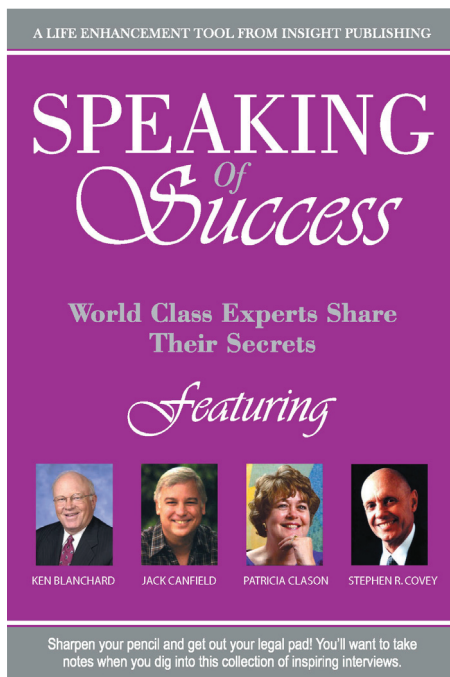
EQ – The Leadership Skill of the 21st Century

### Coaching

Coaching Tools and Techniques for Productive Change

Coaching: The Power Tool for Integrating Learning

Coaching for Maximum Performance



"I was highly impressed with Patricia's conversational and personal style. She offered a variety of activities, with meaningful examples that kept my attention throughout the session, including action activities to ensure that we would use the information after class. We want her to keep coming back!" — Dorothy Valentine, Education and Learning Specialist, Harley-Davidson Motor Company

"We found the Ethical Type Indicator to be both introspective

and informative – and we really enjoyed your interpretations and personalized answers to members' questions." — Beth Grzesiak, Program Director, Wisconsin Women Entrepreneurs